



# GRUMBLE- CRUSHING

# Snacks





# About the Bags

## What are Grumble Crushing Snack Bags?

They're a simple way to help your adult kids avoid the all-too-familiar (and exhausting) "Are we there yet?" hitting them in the back of the head as they travel. Illustrated directions prompt you to prepare five different snacks, each with a tag that tells your grandkids the gist of a Bible story and asks them a question relating to the snack.

## How does it work?

As your grandkids travel, they will each choose a snacks from the bag...but won't eat them quite yet! Their parent(s) get to decide on a certain amount of time (30 minutes, 3 hours...whatever seems appropriate for the distance of their trip) and then set an alarm for that time. When the alarm goes off, your grandkids get to eat all of the snacks that are in the bag. But wait! Each time they argue or complain about anything, BEFORE the timer goes off, they have to pay their parent(s) one snack from their bag. Yikes!





# Directions

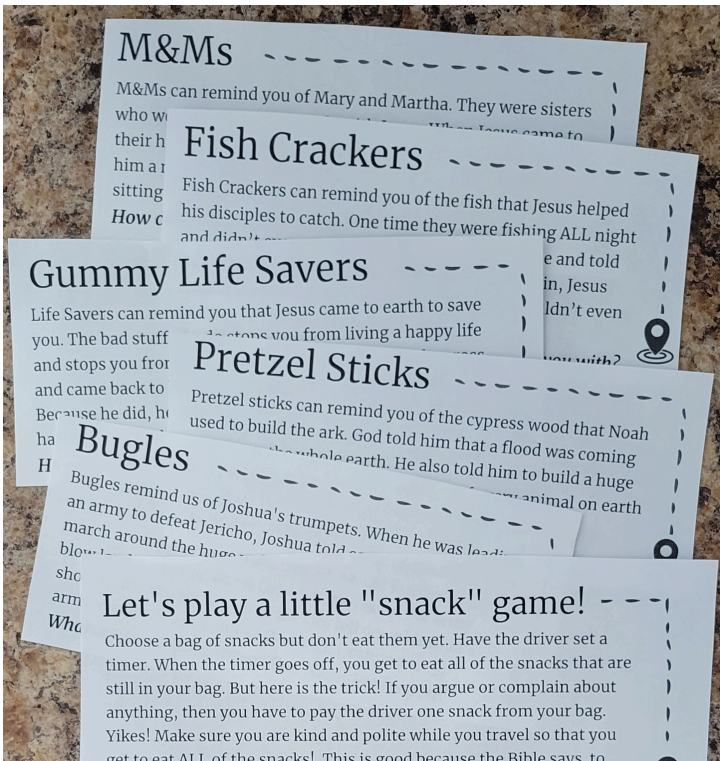
## STEP ONE: SHOP

Buy supplies: Fish Crackers, Bugles, Pretzel Sticks, Gummy Life Savers, M&Ms, Frosted Animal Crackers, Bubble Gum, Ziploc sandwich bags.



## STEP TWO: PRINT

Print one set of labels for each child and cut apart. When trimmed, these labels fit perfectly inside the snack-sized zipper bags.





# Directions

(continued)

## STEP THREE: FILL THE SNACK BAGS

Put label & corresponding snack in each zipper bag...one for each child.



## STEP FOUR: PACK THE GALLON BAG

Put the snack bags in a large bag and attach the "Let's play a little snack game" directions to the outside. Number each type of bag. (see example below)



## STEP FIVE: DELIVER!

If you live close by, deliver them in person. If far away, drop them in the mail with plenty of time to get there before they leave on their trip.





# Labels



**PAGE ONE: PRINT ONE PER CHILD**

## Let's play a little "snack" game!

Choose a bag of snacks but don't eat them yet. Have the driver set a timer. When the timer goes off, you get to eat all of the snacks that are still in your bag. But here is the trick! If you argue or complain about anything, then you have to pay the driver one snack from your bag. Yikes! Make sure you are kind and polite while you travel so that you get to eat ALL of the snacks! This is good because the Bible says to *"do everything without complaining or arguing."* (Phil. 2:14)



## M&Ms

M&Ms can remind you of two sweet sisters: Mary and Martha. When Jesus came to their home, Martha showed Jesus she loved him by making him a nice meal. Mary showed him that she loved him by sitting and listening to everything he said. (Luke 10:38-42)

*How can you show Jesus that you love him?*



## Fish Crackers

Fish Crackers can remind you of the fish that Jesus helped his disciples to catch. One time they were fishing ALL night and didn't even catch one fish. Then, Jesus came and told them to try one more time. When they tried again, Jesus caused them to catch so many fish that they couldn't even fit them in the boat! (John 21:1-14)

*What is something you would like Jesus to help you with?*





# Labels

(continued)



**PAGE TWO: PRINT ONE PER CHILD**

## Gummy Life Savers

Life Savers can remind you that Jesus came to earth to save you. The bad stuff you do stops you from living a happy life and stops you from going to heaven. Jesus died on the cross and came back to life again to pay the cost for your sins. Because he did, he saved your life and now you can live truly happy and go to heaven with Jesus someday! (John 3:16)

*Have you told Jesus thank you for being your life saver?*



## Bugles

Bugles remind us of Joshua's trumpets. When he was leading an army to defeat Jericho, Joshua told some of the soldiers to march around the huge walls that protected Jericho and to blow loud trumpets. When they did, the rest of the army shouted and the walls around the city fell down! Joshua's army won the battle just like God said! (Joshua 6:4-5)

*What are some good things God has done for you?*



## Pretzel Sticks

Pretzel sticks can remind you of the cypress wood that Noah used to build the ark. God told him that a flood was coming to destroy the whole earth. He also told him to build a huge boat that would be used to save two of every animal on earth and Noah's whole family. (Genesis 6:14)

*What are things God tells YOU to do?*





# Labels

(continued)



**PAGE TWO: PRINT ONE PER CHILD**

## Frosted Animal Crackers

From the ground God formed every wild animal and every bird in the sky. He brought them to the man so the man could name them. Whatever the man called each living thing, that became its name. The man gave names to all the tame animals, to the birds in the sky and to all the wild animals. (Genesis 2:19-20)

*If YOU were the one to name all of the animals, what names would you have given to the elephant, kangaroo, and frog?*



## Bubble Gum

While you enjoy some bubble gum, your family will work in teams to find letters of the alphabet using road signs, license plates, and advertisements that you pass. Begin with the letter A and go in order to Z. The first team to get all the way through the alphabet, in order, wins.

(Want to play again? This time find numbers instead and try counting to 100!)





# Optional



## **NON-SNACK IDEAS**

### Bendy Sticks

How many animals can you make using these bendy sticks? Will you make zoo animals? Will you make farm animals? Will you make water creatures? You decide!



### Notebook & Colored Pens

What do you want to do when you get to your destination? Write or draw a story about it! When you're done, share it with your family and then try drawing pictures or writing stories about what you see out the car window.



### Stuffed Animal

Give your travel buddy a hug and then tell him (or her) about all the things you are thankful for!







# Optional (continued)



## **GIVE MOM & DAD SOME POWER TO DECIDE...**

I like to give our adult kids the option to decide the order in which the bags get opened. Below is an example of the list that accompanied the Grumble Crushers for two of our grandkids traveling from Iowa to Georgia. It was folded and sealed in an envelope .

<b>GRUMBLE-CRUSHING BAGS</b> A sneak peak for mom and dad!	
Sack #1:	Snack - Bugles (1 sack with two snack bags)
Sack #2:	Snack - Goldfish (1 sack with two snack bags)
Sack #3:	Snack - Pretzels (1 sack with two snack bags)
Sack #4:	Snack - M&Ms (1 sack with two snack bags)
Sack #5:	Snack - Animal Crackers (1 sack with two snack bags)
Sack #6:	Snack - Gummy Life Savers (1 sack with two snack bags)
Sack #7:	Activity - Bendy Sticks (1 sack with two bags of sticks)
Sack #8:	Activity - Notebook, pencils, pens (2 sacks - one for each)
Sack #9:	Activity & Gum - Family Album
Sack #10:	Stuffed Animal (1 sack)

**TOP SECRET!**  
**(FOR MOM & DAD'S EYES ONLY)**