



What are Grumble Crushing Snack Bags?

They're a simple way to help your adult kids avoid the all-too-familiar (and exhausting) "Are we there yet?" hitting them in the back of the head as they travel. Illustrated directions prompt you to prepare five different snacks, each with a tag that tells your grandkids the gist of a Bible story and asks them a question relating to the snack.

How does it work?

As your grandkids travel, they will each choose a snacks from the bag...but won't eat them quite yet! Their parent(s) get to decide on a certain amount of time (30 minutes, 3 hours...whatever seems appropriate for the distance of their trip) and then set an alarm for that time. When the alarm goes off, your grandkids get to eat all of the snacks that are in the bag. But wait! Each time they argue or complain about anything, BEFORE the timer goes off, they have to pay their parent(s) one snack from their bag. Yikes!







STEP ONE: SHOP

Buy supplies: Fish Crackers, Bugles, Pretzel Sticks, Gummy Life Savers, M&Ms, snack-sized zipper bags (5 per child), gallon zipper bags (1 per child)



STEP TWO: PRINT

Print one set of labels for each child and cut apart. When trimmed, these labels fit perfectly inside the snack-sized zipper bags.







STEP THREE: FILL THE SNACK BAGS

Put label & corresponding snack in snack-sized zipper bag...one for each child.



STEP FOUR: PACK THE GALLON BAG

Put the five snack bags in a gallon-sized zipper bag with the "Let's play a little snack game" directions. Write your grandchild's name on the bag.



STEP FIVE: DELIVER!

If you live close by, deliver them in person. If far away, drop them in the mail with plenty of time to get there before they leave on their trip.





PAGE ONE: PRINT ONE PER CHILD

Let's play a little "snack" game!-

Choose a bag of snacks but don't eat them yet. Have the driver set a timer. When the timer goes off, you get to eat all of the snacks that are still in your bag. But here is the trick! If you argue or complain about anything, then you have to pay the driver one snack from your bag. Yikes! Make sure you are kind and polite while you travel so that you get to eat ALL of the snacks! This is good because the Bible says to "do everything without complaining or arguing." (Phil. 2:14)



M&Ms can remind you of Mary and Martha. They were sisters who were really good friends with Jesus. When Jesus came to their home, Martha showed Jesus she loved him by making him a nice meal. Mary showed him that she loved him by sitting and listening to everything he said. (Luke 10:38-42) How can you show Jesus that you love him?

Fish Crackers

Fish Crackers can remind you of the fish that Jesus helped his disciples to catch. One time they were fishing ALL night and didn't even catch one fish. Then, Jesus came and told them to try one more time. When they tried again, Jesus caused them to catch so many fish that they couldn't even fit them in the boat! (John 21:1–14)

What is something you would like Jesus to help you with?







PAGE TWO: PRINT ONE PER CHILD

Gummy Life Savers

Life Savers can remind you that Jesus came to earth to save you. The bad stuff you do stops you from living a happy life and stops you from going to heaven. Jesus died on the cross and came back to life again to pay the cost for your sins. Because he did, he saved your life and now you can live truly happy and go to heaven with Jesus someday! (John 3:16) Have you told Jesus thank you for being your life saver?



Bugles remind us of Joshua's trumpets. When he was leading an army to defeat Jericho, Joshua told some of the soldiers to march around the huge walls that protected Jericho and to blow loud trumpets. When they did, the rest of the army shouted and the walls around the city fell down! Joshua's army won the battle just like God said! (Joshua 6:4–5) What are some qood things God has done for you?



Pretzel Sticks

Pretzel sticks can remind you of the cypress wood that Noah used to build the ark. God told him that a flood was coming to destroy the whole earth. He also told him to build a huge boat that would be used to save two of every animal on earth and Noah's whole family. (Genesis 6:14)

What are things God tells YOU to do?

