



GRUMBLE- CRUSHING

Activities





About the Bags

What are Grumble Crushing Snack Bags?

These bags are an awesome way to help your adult kids avoid having the all-too-familiar (and exhausting) "Are we there yet" pummeling them from the backseat! Your grandkids will have bags to open along their route, containing activities to do in the car and wiggle-busting things to do at rest stops. You get to choose how many bags to prepare and your adult kids get to choose the best times to distribute the bags along the way. The Bag Tag (on the outside of each bag) will help your kids determine the best time to give each bag throughout their journey.

How does it work?

As your grandkids travel, their parents set an alarm, timer, or mile-marker when they will get to open a bag. Whenever the predetermined time arrives, it's time to play! But they better be careful! If there is any grumbling or complaining before the predetermined time, then the time or mile-marker gets pushed back and they'll have to wait a little longer!



LET THE GAMES BEGIN!





Directions

Plan & Shop

Look through the bag ideas to determine how many bags you will make and which activities you will include. You may also come up with some awesome ideas of your own! Next, use the *Supplies List* on the following pages to make your shopping list. HINT: Dollar Tree is an excellent place to find most of the items.

Print

Now that you have all the supplies for the activities you chose, it's time to print the corresponding Bag Tags. Blank tags are included in case you have some of your own ideas. They are designed with color, but black and white is just fine!

Decorate (optional)

Spice up the outside of each bag with some decorations and then add each child's name. If you live nearby and have the time, let your grandkids decorate their own bags ahead of time: color, paint, stickers, or anything non-messy. Have mercy on your adult kids by avoiding glitter! Trust me.

Stuff & Tie

Put the supplies for each activity in a bag and fold the top down. Cut the tags apart and then punch a hole in the top of each one, as well in the top of each bag. Next, use ribbon or yarn to tie each tag to its corresponding bag. Though it takes a bit longer than tape or glue, this assures that the tags stay attached and are visible to parents so they can choose accordingly.

Deliver

Put all of the bags inside a larger gift bag or box - something that won't take up too much space in the car, will keep the bags together, and can be easily thrown away or used to store bag contents after opening. Drop everything off the day before, along with a copy of the "*Grumble-Crushing Activities Directions*." Tell your grandkids that it's a surprise for travel-time AND that their parents are in charge of when they get to open each one.





Activity & Supplies

Seat Activities

Grumble-Crushing Quarters: Child receives a roll of quarters to spend at their final destination. But wait! Any time they grumble or complain they owe the driver a quarter. Yikes! SUPPLIES: 1 roll of quarters, 1 M&M Minis Mega tube (50g), label, and tape.

Decorate Your Drink: Child colors the insert of a plastic drink tumbler. I found these at Dollar Tree and have also seen them at Walmart. SUPPLIES: 1 DIY tumbler (like the ones shown), and Crayons or colored pencils.

Bendy-Sticks Bonanza: Child receives a zipper bag full of colorful pipe cleaners to make any sort of creations. SUPPLIES: 1 Package of multi-colored pipe cleaners, and 1 zipper bag.

Stickers, Stickers, Stickers: Child receives a sticker book - check out the bargain bins at Target or any dollar store. SUPPLIES: 1 Sticker book of any kind.



Rest Stop Activities

Target Practice: Child receives a nerf arrow, rubber bands, or paper to make a airplane. At the rest stop, the family competes to see who can a chosen target.

SUPPLIES: Something to shoot at a target (nerf arrow, rubber bands, paper airplanes, etc.)

Singing-a-Workout: Child receives a sweatband and note that giving instructions to planks and jumping jacks while singing songs. SUPPLIES: Sweatbands for head and/or wrists.

Chalk-Chalk, Bubble-Bubble: Child receives a piece or two of sidewalk chalk and a bottle of bubbles.

Draw shapes on the sidewalk and then try to land bubbles inside the shapes!

SUPPLIES: 1 or 2 Piece of sidewalk chalk, 1 bottle of bubbles.

Rest Stop Race: Child receives a piece of string or yarn that is about 8 feet long with a note giving instructions to have a running race at the next rest stop.

SUPPLIES: 1 Piece of ribbon or yarn, about 8 feet long.





Activity & Supplies

Activities with Snacks

Silly Animal Stories: Child receives a box of animal crackers and a note challenging them to tell a silly story about each one. SUPPLIES: 1 Box or bag of animal crackers.

A Fishy Tongue Twister: Child receives a bag of Goldfish crackers and a note challenging them to say a tongue twister: "Fresh fried fish on Friday."
SUPPLIES: 1 Bag of Goldfish crackers (or fish gummies).

Eat Your Veggies: Child gets a bag of Veggie Straws with a note challenging them to name as many fruits and veggies as they can. SUPPLIES: 1 Bag of Veggie Straws.

P is for Pretzel: Child receives a bag of pretzels and a note challenging them to say as many words that start with "P" as they can think of. SUPPLIES: 1 Bag of pretzels.



Additional Needed Supplies:

- 1 Paper bag per child, per activity.
- Yarn or string to tie tags to the bags.
- Hole-punch or scissors.
- Large gift bag or box to hold all of the bags in the car.
- Printed labels: one per child, per activity.

Bag Decorating (Optional):

If you decide to have your grandkids decorate the bags, here are some inspiration!





Grumble-Crushing Quarters

Directions

Print label, cut out, and write your grandchild's name on the label. Next, wrap the label around the M&M Minis Tube, tape, and fill the tube with quarters.

M&Ms Minis Tube



Tube with Name & Label



BAG TAGS FOR SEAT ACTIVITIES

Seat Activity



Decorate Your Drink!

What colors will you use to decorate your cup? Will you use the colors of God's rainbow? Or maybe the colors you see at the park or at the lake? Be creative and have fun making it fabulous!



"Jesus said, 'the water that I give becomes a fresh, bubbling spring that gives eternal life.'" John 4:14



Seat Activity



Grumble-Crushing Quarters

These quarters are worth \$10 that you can use to buy something when you get to _____.

But wait! If you grumble or complain on the way there, you have to pay a quarter to the driver. Be careful about what you say and how you act in the car so you'll get to keep all of your money!

"Do everything without grumbling and complaining... Then you will shine like stars in the sky." Philipians 2:14-15



Seat Activity



Stickers, Stickers, Stickers!

Get creative with your stickers! Maybe you can even make up stories about them as you put them on the pages!



"Jesus is a friend who sticks closer than a brother." Proverbs 18:24



Seat Activity



Bendy-Sticks Bonanza!

Wow, look at all of these bendy sticks! What will you make with them? A butterfly? Your name? A spider? So many possibilities!



"God fills us with skill to do all kinds of creative work." Exodus 35:35



BAG TAGS FOR SEAT ACTIVITIES WITH SNACKS

Seat Activity with Snack



Silly Animal Stories!

While eating these animal crackers, tell a story about each one! Is the lion lost? Maybe the horse can rescue him, but the monkey probably won't help because she's grilling burgers! Be creative and have fun telling some silly animal stories!



"God made all sorts of wild animals, livestock, and small animals...And saw that it was good. Genesis 1:25"



Seat Activity with Snack



Eat Your Veggies!

While you eat these veggie straws, see how many fruits and veggies you can think of. What color is each one? Which are your favorites? Which veggies do you wish you never had to eat again?



"Better a small serving of vegetables with love than a fat steak with hate." Proverbs 15:17



Seat Activity with Snack



'P' is for Pretzel!

As you eat these pretzels, say as many things as you can think of that start with the letter **P**. How about Polka-dot or Parade? When you can't think of any more, pick a new letter and start again!

A B C D E F G H I J K L M
N O P Q R S T U V W X Y Z



Seat Activity with Snack



A Fishy Tongue Twister!

As you eat this fishy snack, try to say this fisherman's fishy tongue twister. Good luck and remember...the fishes stay in your mouth as you say it, not in the seat!



"Peter climbed back into the boat and dragged the net to shore. It was full of large fish, 153, but even with so many the net was not torn.." John 21:11



BAG TAGS FOR REST STOP ACTIVITIES

Rest Stop Activity



Singing is a Workout!

Ask your parents to pull off at the next rest stop. First, find a safe place to play. Next, sing "Jesus Loves Me" as loud as you can while doing jumping jacks! Next, see how many times you can sing "You Are My Sunshine" while doing a plank!



"My lips will shout for joy when I sing praise to you..."
Psalm 71:23



Rest Stop Activity



Target Practice!

Ask your parents to pull off at the next rest stop for a little target practice! First, find a safe place to play. Next, choose any "target." It might be a tree, bench, or anything else you find. Now, it's time to see who can hit the target first!



"Among the soldiers there were seven hundred select troops...each of whom could sling a stone at a hair and not miss..." Judges 20:16




Rest Stop Activity



Rest Stop Race!

Ask the driver to pull off at the next rest stop and get ready for a race! Find a safe place to start and stretch the string out to make a finish line - tie it between two things, lay it on the ground, or have someone hold it. Next, it's time to see who's the fastest! Will it be you?

"...those who hope in the Lord will renew their strength. they will run and not grow weary, they will walk and not be faint." Isaiah 40:31



Rest Stop Activity



Chalk, Chalk, Bubble, Bubble!

Ask the driver to pull off at the next rest stop. Find a safe place to play. Use this chalk to draw a big shape on the sidewalk and then start blowing bubbles. How many can you land inside your chalk-shape? Count to find out!

"He will fill your mouth with laughter and your lips with shouts of joy." Job 8:21



BAG TAGS FOR YOUR OWN IDEAS!

