



2 WEEK TEXT CHALLENGE

www.TheLaughingGrandma.com

ABOUT THE CHALLENGE

Words are powerful and regardless of how long we've been married, our husbands need to hear words from us that make them feel valued. For the next two weeks, send your husband a text each day that communicates your appreciation & affection.

Then, ask God to help him feel authentically blessed by each text and to help you establish an ongoing habit of affirmation.

TEXT IDEAS

It's so fun doing life with you. Thank you for going to the store for me. I'm so proud to have you as my forever. I love having your arms around me. Hove being home with you. I love kissing you. Thank you for putting up with me ;-) Thank you for washing my car. Have a great day! You deserve it! Hove cooking with you. Hove our beautiful chaos. Our home is such a safe & comfy place. I'm so thankful that our grandkids get to Thank you for speaking truth to our adult have you as their grandpa. kids...and for loving them so much. Thank you for managing our money. Let me I'm so glad you chose me to spend the rest know what I can do to help. of your life with. Here's to forever! It's awesome having a husband who takes Whatever life brings, we'll be okay as long care of things around the house. as we have each other. In case you're wondering, I'd choose to say You are my best friend and I'm always here "I do" all over again. for you. It makes me smile when I hear the garage One of my favorite things in the world is door go up and know you're home. laughing with you. When you take the garbage out, it makes I'm so thankful we stuck together through me feel loved. Weird, but true! the hard times. FROM ADULT CHILD: Thank you for loving FROM ADULT CHILD: You're an awesome grandpa. mom.

FROM ADULT CHILD: Thank you for taking us

to church when we were kids.

FROM ADULT CHILD: I appreciate all that

you've taught me about life.